

# CARBON LASER PEEL

## **What is Carbon Laser Peel?**

The Carbon Peel or known as the Soft Peel or Hollywood Peel is a laser treatment that is painless with minimal to zero downtime. It is highly beneficial for people with oily skin, blackheads, enlarged pores, dull skin and acne on face or body. It's an excellent way to exfoliate and refreshing your skin, providing an instant and refreshed appearance, leaving it feel soft, smooth, bright and firm. A layer of carbon cream is applied to your skin, where it penetrates the pores. Laser light is highly attracted to the carbon particles. When the laser is passed over the area, it destroys the carbon articles, taking the dead skin cells, contaminants and oil with it.

## **Who is suitable candidate for Carbon Laser Peel?**

The Carbon Laser Peel are suitable for men and women to assist them with pigment, acne, dull or poor skin condition and oily skin. Your provider will determine or advise if this treatment is suitable for you.

## **What results will I get from the Carbon Laser Peel?**

An instant brightening of your skin immediately after your first treatment. Your skin can feel smooth and soft to touch. A reduction of pores may be evident in addition to an improvement of decreased oil production and acne blemishes. The Carbon Peel treatment is a great way to improve uneven skin tone, congested skin, and some pigmentation which can develop from sun damage, acne, inflammation, hormonal changes, and some medications. What may also improve: active acne, skin tone improvement, some stimulation of collagen and elastin, clear and healthier complexion.

## **Does Carbon Laser Peel Hurt?**

There is no pain with Carbon Laser Peel. During the procedure you may experience slight tingling and warmth on the skin, which is normal while the laser removes the carbon layer. There is a slight snapping sound that may be heard but it does not hurt.

## **How many Carbon Peel will I need to achieve my desired results?**

Carbon Laser Peels are recommended between 2 to 4 weeks, this time frame allows regeneration of collagen and elastin of skin tissue. Effectiveness of the treatment will determine on the individual skin being treated however a course of 2 – 6 treatments will produce results. Maintenance treatments after your initial course are recommended.

# CARBON LASER PEEL

## **Is there anything I need to do prior to having a Carbon Peel?**

You may or may not be required to use certain skin care prior to your Carbon Peel. This is essential to achieve the safest and most effective treatment possible. Talk to your provider about products you are using. You need to ensure that you are using and SPF 30+ and inform your therapist if you have any allergies.

## **What is the post care for the Carbon Laser Peel?**

There is no downtime following a Carbon Laser Peel with results appearing brighter and even, at times with one session. A course of treatments is recommended depending on your skin condition and desired results. Slight sensitivity for the first 3 days and some dryness or mild flaking. After 1 to 2 weeks the skin

will feel smooth and brighter. Certain skincare may be recommended to give you the best results following your treatment. It is vital you use sun protection to prevent damage to the new healthier skin. You can resume your daily routine immediately after your treatment. Side effects are minimal with slight redness and tingling sensation right after your treatment.

## **What are the contraindications to Carbon Peel?**

The Carbon Peel cannot be performed while pregnant or breastfeeding, if you have diabetes, connective tissue disease, immunocompromised system or are being treated for cancer. Talk to your provider about any concerns for treatment.

Please call/text us at 619 692 9300 AND email photos to [patients@beautyandbodylounge.com](mailto:patients@beautyandbodylounge.com) with any concerns