

## **Sculptra After Care for Face and Body**

Massage the treated area for 2 min, 2 times a day for 2 weeks OR 5 min, 5 times a day for 5 days.

Within the first 24 hours after your treatment, apply an icepack or ice wrapped in a cloth to help reduce swelling (if there is any). Avoid putting ice directly on skin.

You may apply makeup a few hours after Sculptra treatment if no complications are present, ie open wounds or bleeding.

Avoid sun and UV sunlamp exposure until swelling and redness have disappeared.

Report any worsening or longer lasting signs or symptoms to your specialist.

### **After care points to remember**

A few days after treatment, you may look as you did before treatment. This is normal and temporary.

Sculptra aesthetic helps to gradually replace lost collagen

Visible results appear within the first few treatment sessions.

If your specialist indicated that you need an additional Sculptra treatment, make sure an appointment has been scheduled for you.

Best results may require at least 3 consecutive treatments spaced 6-8 weeks apart.

If there is any concern, PLEASE call/text 619 692 9300 AND email us photos to [patients@beautyandbodylounge.com](mailto:patients@beautyandbodylounge.com) so we can further assess the situation.

