

## POST TREATMENT INSTRUCTIONS FOR SKINFINITY RF

### WOUND CARE

1. You will experience a burning sensation on the skin that will last between 30 minutes and, up to, 3 hours on the first day.
2. If you have discomfort following the treatment, take Tylenol or ask for pain medication prescribed by your clinician. Take only as directed.
3. Treatment of the Facial Area will result in an appearance similar to a dark tan/sunburn for the first day. A very fine "scab" will be formed following this darker appearance. Do not be concerned. This is normal and is a sign of the healing process.
4. Redness may persist up to 2 days and the treated area will get darker. At this point, makeup can be applied.
5. Days 3 & 4, depending upon how aggressive the SkinFinity was applied, the treated area will begin to flake and/or peel. More aggressive treatments can take up to 5 - 7 days for area to fully recover.
6. Wash using only a mild cleanser like Neutrogena or like Cetaphil. Do NOT scrub the treated area to facilitate peeling/flaking. Allow the biological process to occur at its own speed. Scrubbing will not result in a better or quicker outcome, but can cause unwanted, permanent discoloration within the treated area.
7. Wash the treatment area everyday and apply Z-Calm or Aquaphor Ointment to the treated sites and lips 4 times a day. Avoid Hot Water.
8. Eye Area: Treatment to the upper Eye Lids may result in swelling and create a slight squint. Redness may persist up to 3 days. Cleanse your eyes with cool water and dab or pat lightly with towel. Avoid Hot Water. Lubricating eye drops (i.e. artificial tears) will help to decrease dryness of your eyes.
9. If the skin around the mouth is tight, minimize facial expressions.
10. Rest. Avoid strenuous exercise, bending, straining, stooping or lifting heavy objects for 3 days after procedure. These activities may cause swelling and pain in the treated area and slow down your recovery.
11. Sleep with your head (if face and/or eyes were treated) elevated above your heart for the evening after the procedure.
12. Avoid unprotected sun exposure for at least six months. A sunscreen, SPF 30 or higher, should be applied every day. Use a hat and sunglasses. Your skin is extremely vulnerable to UV radiation following treatment. Protecting your skin and limiting sun exposure ensures the best cosmetic results with the minimal amount of risk.

If there is any concern, PLEASE call/text 619 692 9300 AND email us photos to [patients@beautyandbodylounge.com](mailto:patients@beautyandbodylounge.com) so we can further assess the situation.