

Saline Removal Aftercare

It is critical to follow all aftercare instructions until all scabbing is complete to prevent complications, scarring and to achieve optimum results. Please read carefully.

1. **CLEAN** Keep the removal area clean, dry and open to the air. Do not cover with anything to ensure a faster healing time. Only touch the area with clean hands.
2. **WIPE** Wipe over the area with saline 3 to 4 times a day using a clean cotton pad or gauze.
3. **DO NOT USE ICE.**
3. **KEEP THEM DRY** Don't soak the removal area in water. You can shower as normal but keep the area out of the shower spray the best you can and do not let the area stay wet for more than a few minutes. It is best to keep it dry but if you do get it wet gently pat dry. This includes steam and sweat, so no saunas or steam of any kind, and no sweaty exercise.
4. **DON'T PICK** All scabbing needs to fall off naturally. If you force or pick a scab off you will disrupt the process and possibly cause scarring. It is critical to keep the scabs on as long as possible to achieve optimum results.
5. **BE PROTECTIVE** Do not do anything to disrupt the healing process.
6. **ONCE HEALED** Now you can apply some Vitamin E Oil throughout the day for at least 4 weeks, or until the next session. Start this **AFTER** all scabs have fallen off. It is our goal to keep the area as dry as possible until all scabs have naturally fallen off.
8. **LIPS** Avoid abrasive items like straws and cup lids while healing. Be mindful of facial expressions so you don't create cracks in scabs.

HEALING

- ❖ It is important to the process and integrity of the skin that 8 full weeks of healing take place before another lightening session can be done. No exceptions.
- ❖ Lightening and/or removing unwanted pigment is a long process and patience is required. This is true whether you are choosing a lightening product service or laser. Please be patient and give the process a fair chance to work. Expect visible and wanted results in 2 to 5 sessions. How many sessions needed will depend on how saturated the pigment is, how deep it was implanted and how much needs to be removed for the desired result. In many cases only a percentage of the pigment needs to be lightened/removed and then we can continue the correction process by color correcting or color shifting. In those cases where we have pigment misplaced or in an unwanted area, color correcting will not be an option and removing as much of the pigment as possible will be our ultimate goal.
- ❖ Results cannot be foreseen, predicted or guaranteed.
- ❖ If you have any questions or concerns please call us. If at any time you have any signs of infection or any concerns at all during the healing process, please call us.